
PRANIC HEALING

Rediscovering An Ancient Art of Natural Healing

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Pranic Healing is a simple yet powerful and effective method of energy healing. It is based on the fundamental principle that the body is a “self-repairing” living entity which possesses the innate ability to heal itself. Pranic Healing also works on the second principle that energy can be projected from one person to another. The healing process can then be accelerated by increasing the life force or vital energy on the affected part of the physical body.

The word “*pranic*” stems from the Sanskrit word *prana* meaning “vital life force.” Prana is the energy which is fundamental to all life and which the body uses for healing and proper function. In Chinese it is called *chi*, in Japanese *Ki*, in Greek *pneuma* and in Hebrew, *ruah*, or breath of life. You can get this vital energy from the air; this is called air prana. From the ground, it is called ground prana. *Prana* has other natural sources like the sun, water, food and trees.

Pranic Healing recognizes the existence of a subtle energy body which surrounds and interpenetrates the physical body. “Diseased energy” is the negative energy which makes a person sick. This diseased energy appears first on the energy body before it manifests on the physical body. Pranic healers have observed that what affects the energy body affects the physical body and vice versa. In general, most ailments in the body tend to be associated with either congestion or depletion of pranic energy. Pranic healing assists the body's energy system to normalize so that the body can heal itself.

Pranic Healing relates the problems of the physical body to the imbalances or maladies of the human energy field. This energy field is commonly called the human aura or bioplasmic body. It is made of substances more refined than gas which most people cannot see with their eyes. Some people who have psychic faculties can sense or see it with their so called 'inner eyes.' There are twirling vortices of energy called chakras which serve as the breathing mechanisms of the aura. These energy centers or chakras are lined along the spine from the top of the head to the base of the spine. Prana is absorbed into the body through these chakras. The corresponding chakras then digest and distribute the energy to the nearby organs.

According to Grand Master Choa Kok Sui, the modern founder of Pranic Healing, “Pranic Healing is easy to learn, easy to apply and extremely effective.” Pranic Healing is the distillation of Grand Master Choa's more than 20 years of actual scientific and methodological research and experimentation. He developed a systematic healing methodology that is very well presented and discussed in his books, *The Ancient Art and Science of Pranic Healing*, *Advanced Pranic Healing*, *Pranic Psychotherapy*, *The Ancient Art and Science of Pranic Crystal Healing*, *Meditations on Soul Realizations*, *Practical Self Defense for Home and Office* and *Universal and Kabbalistic Meditation on the Lord's Prayer*.

A cutting edge in the field of vibrational medicine, Pranic Healing teaches a precise method of scanning or determining the specific problem and location of the energy abnormality in the aura and chakras. In most cases, ailments in the body tend to be associated with either congestion or depletion of pranic energy. If there are blockages in the energy body causing congestion, these are removed. If there is depletion of energy, the particular part of the body is then energized. The healing is generally done by cleansing the diseased energy and then energizing the aura and the chakras with prana. As the aura and chakras normalize, the physical body recovers faster.

There are several devices to detect the energy field of a person. One of these is the Kirlian camera which can take the picture of the energy emanation from around the head or the fingers. The Kirlian photograph shows different colors which roughly describes a person's state of health and consciousness. A new device which can detect the health of the human energy field is a special computerized technique known as a Gas Discharge Visualization (GDV). This new technology developed by Dr. Korotkov from St. Petersburg, Russia and being used by Pranic Healing scientists and doctors attempts to bridge modern medicine and the Pranic Healing science. Using this scientific unit to monitor many aspects of the healing process, a database from Pranic Healing patients of various ailments including cancer, cardiac rehabilitation, neurobehavior disorders in children and infertility in women are available. There is a growing body of evidence from numerous patients that prove the powerful and rapid effects of the Pranic Healing treatments.

FOR MORE INFORMATION:

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A major breakthrough in energy healing

Already active in more than 30 countries and numerous healing centers in five continents, Pranic Healing is being practiced by doctors, nurses, massage therapists, acupuncturists, chiropractors, religious missionaries as well as business executives, housewives and bankers. It has been successfully combined with conventional medical treatments with amazing results.

In developing countries, where medical services are often unaffordable or unavailable, Pranic Healing has been documented to effectively and powerfully stand on its own. Thousands of people with ailments ranging from back pain to high blood pressure and from food addictions to alcoholism have benefited by the no-touch, no-drug and painless method of Pranic Healing. Many patients with traumas, phobias, obsessive behaviors and addictions have been amazingly healed in just one or two sessions of Pranic Psychotherapy. It is result-oriented and it brings the skills of the healer and the experience of the patient to a whole new level. Grand Master Choa's goal is for Pranic Healing to be used as a tool for compassion and mercy and to alleviate the suffering of all people.
